

## Digestive System

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**Choose the correct answer.**

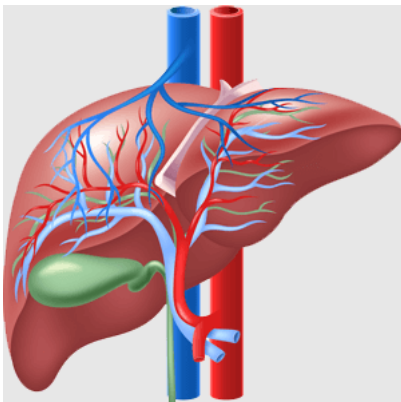
1. Food may spend up to \_\_\_\_\_ inside the small intestine.

- 2 or 3 seconds
- 4 hours

2. The nutrients from food broken down in the small intestine travels next to the \_\_\_\_\_.

- large intestine
- liver

3. The liver, located inside the abdomen and under the rib cage, cleans blood, stores energy, and produces a digestive liquid called \_\_\_\_\_.



- Gastric juices
- Bile juice

4. Which of the following helps build, maintain, and replace the tissues of the body?

- Carbohydrates
- Proteins

5. Which of the following vitamin is found in milk?



- Vitamin A
- Vitamin C
- Vitamin D

6. The two types of vitamins are called \_\_\_\_\_ soluble and water soluble.

- dry
- fat

7. Which of the following fats are helpful for a healthy heart?

- Saturated fats
- Unsaturated fats

**State whether the following statement is true or false.**

8. All fat is bad for the body.

- True
- False

**Choose the correct answer.**

9. A \_\_\_\_\_ label gives the facts and information about the amount of vitamins, nutrients, and other minerals that is found in different foods.

- consumer
- nutrition

**State whether the following statement is true or false.**

10. Carbohydrates, proteins, and fats are used by the body for energy.

- True
- False

**Choose the correct answer.**

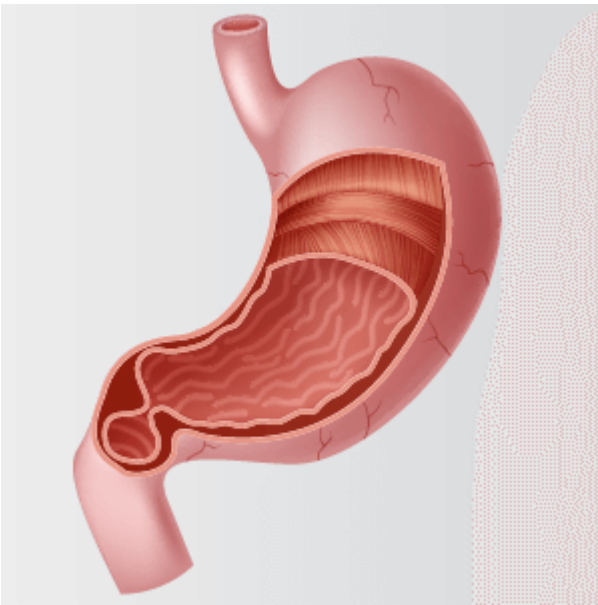
11. Which of the following sends different juices to the small intestine to help digest food and allow the body to absorb nutrients?

- Pancreas
- Liver
- Gallbladder
- All of the above

12. Which of the following is the special flap that ensures food enters the esophagus and not the windpipe?

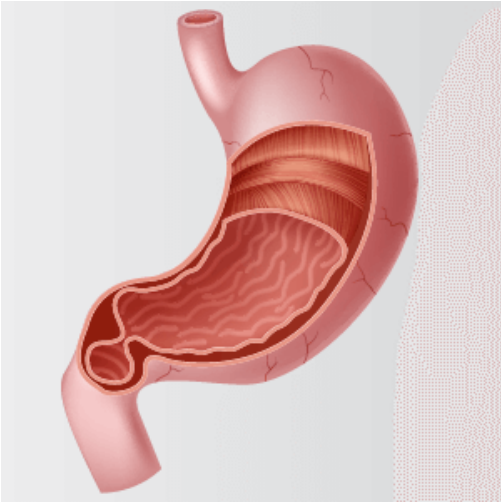
- Epiglottis
- Saliva

13. Which of the following are the juices inside the stomach which help break down food?



- Gastric
- Saliva

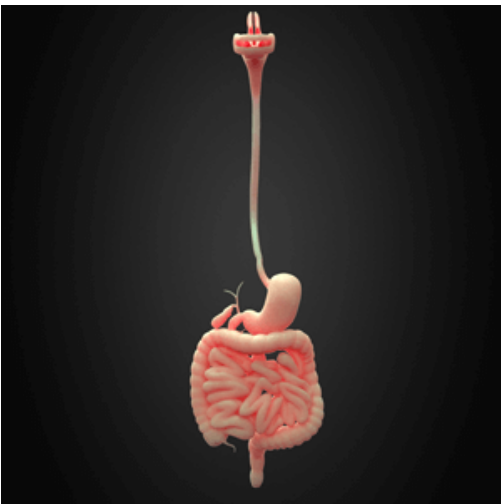
14. The stomach stores food that has been eaten and \_\_\_\_\_.



- pushes the food into the esophagus
- breaks down food into a liquid mixture

**State whether the following statement is true or false.**

15. Food travels through a long tube in our body called the digestive tract, and the food is broken down into smaller pieces.



- True
- False